

## PATIENT HISTORY

PLEASE PRINT CLEARLY

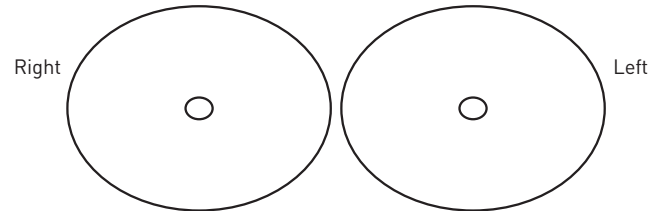
Date \_\_\_\_\_

Name \_\_\_\_\_ Check One: ☐ Female ☐ Male Age \_\_\_\_\_

Date of Birth \_\_\_\_\_ Have you seen Dr. Smith in the past? ☐ Yes ☐ No Year: \_\_\_\_\_

## BREAST HISTORY

Do you have a **breast lump, thickening, or tissue changes**? ☐ No ☐ Yes  
If yes, describe the problem and mark the area of your concern on the diagram:



☐ No ☐ Yes Do you have any **nipple discharge**? If yes, describe: \_\_\_\_\_

☐ No ☐ Yes Do you have any **breast pain**? If yes, describe: \_\_\_\_\_

☐ No ☐ Yes Have you been previously treated for **breast cancer**? If yes, when and at what facility? \_\_\_\_\_

☐ No ☐ Yes Have you ever had a **biopsy** of your breasts? If yes, when and where was the procedure performed? \_\_\_\_\_

☐ No ☐ Yes Have you ever had a **mammogram**? When and where was the procedure performed? \_\_\_\_\_

☐ No ☐ Yes Have you ever had an **abnormal mammogram**? If yes, describe: \_\_\_\_\_

☐ No ☐ Yes Have you ever had a **breast MRI**? If so, where and when? \_\_\_\_\_

☐ No ☐ Yes Do you perform monthly self breast examinations?

☐ No ☐ Yes Do you have **breast implants**? If yes, when: \_\_\_\_\_ Specify bra size: \_\_\_\_\_ ☐ Silicone ☐ Saline?

## MENSTRUAL HISTORY

☐ No ☐ Yes If you have a period, is it regular? ☐ No ☐ Yes Have you ever taken birth control pills?

☐ No ☐ Yes Have you experienced menopause? If yes, at what age? \_\_\_\_\_

☐ No ☐ Yes Have you had a hysterectomy (removal of the uterus)? ☐ No ☐ Yes Do you still have ovaries?

☐ No ☐ Yes Are you on any hormone replacement therapy (prescription or non)?

If yes, what kind? \_\_\_\_\_ How long have you been taking it? \_\_\_\_\_

Age at first period \_\_\_\_\_ Date of last menstrual period \_\_\_\_\_ Age at first childbirth \_\_\_\_\_

Number of pregnancies \_\_\_\_\_ Number of live births \_\_\_\_\_ Number of miscarriages/abortions \_\_\_\_\_

## SOCIAL HISTORY

☐ No ☐ Yes Do you smoke, vape, or use tobacco products? If yes, how many packs per day? \_\_\_\_\_ How many years? \_\_\_\_\_

☐ No ☐ Yes Do you use alcohol? If yes, how many servings per day? \_\_\_\_\_

☐ No ☐ Yes Do you use street drugs? If yes, which one(s) and how often? \_\_\_\_\_

☐ No ☐ Yes Do you currently endure any unusual stress in your life? \_\_\_\_\_

☐ No ☐ Yes Are you frequently exposed to dangerous or toxic chemicals? If yes, which one(s) and how often? \_\_\_\_\_

Including yourself, how many people currently reside in your home? \_\_\_\_\_ Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed

What is the highest level of education you have completed? \_\_\_\_\_ Occupation: \_\_\_\_\_

What is your average daily level of exercise? \_\_\_\_\_

Caffeine Intake (Servings Per Day) Coffee \_\_\_\_\_ Tea \_\_\_\_\_ Cola \_\_\_\_\_ Chocolate \_\_\_\_\_

Name \_\_\_\_\_ Check one: ☐ F ☐ M Age \_\_\_\_\_ DOB \_\_\_\_\_ Temperature \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

### PAST MEDICAL HISTORY — CHECK ALL THAT APPLY

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> AIDS                | <input type="checkbox"/> Cataracts           | <input type="checkbox"/> Hepatitis             | <input type="checkbox"/> Mononucleosis      |
| <input type="checkbox"/> Alcoholism          | <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Hernia                | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Anemia              | <input type="checkbox"/> Chicken Pox         | <input type="checkbox"/> Herpes                | <input type="checkbox"/> Pacemaker          |
| <input type="checkbox"/> Anorexia            | <input type="checkbox"/> Depression          | <input type="checkbox"/> High Cholesterol      | <input type="checkbox"/> Pneumonia          |
| <input type="checkbox"/> Anxiety             | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> HIV Positive          | <input type="checkbox"/> Polio              |
| <input type="checkbox"/> Appendicitis        | <input type="checkbox"/> Emphysema           | <input type="checkbox"/> Hypertension          | <input type="checkbox"/> Psychiatric Care   |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Endometriosis       | <input type="checkbox"/> Kidney Disease        | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Fibromyalgia        | <input type="checkbox"/> Lactose Intolerance   | <input type="checkbox"/> Suicide Attempts   |
| <input type="checkbox"/> Bleeding Disorders  | <input type="checkbox"/> Glaucoma            | <input type="checkbox"/> Liver Disease         | <input type="checkbox"/> Thyroid Problems   |
| <input type="checkbox"/> Bronchitis          | <input type="checkbox"/> Gonorrhea           | <input type="checkbox"/> Measles               | <input type="checkbox"/> Tonsillitis        |
| <input type="checkbox"/> Bulimia             | <input type="checkbox"/> Gout                | <input type="checkbox"/> Migraine Headaches    | <input type="checkbox"/> Tuberculosis       |
| <input type="checkbox"/> Cancer, type: _____ | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Mitral Valve Prolapse | <input type="checkbox"/> Ulcers             |

List any other illness: \_\_\_\_\_

### PAST SURGICAL HISTORY

| Year | Hospital | Reason for Treatment and Outcome |
|------|----------|----------------------------------|
|      |          |                                  |
|      |          |                                  |
|      |          |                                  |
|      |          |                                  |

Pharmacy Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### LIST ALL MEDICATIONS YOU ARE CURRENTLY TAKING

| Medication | Dosage | Medication | Dosage |
|------------|--------|------------|--------|
|            |        |            |        |
|            |        |            |        |
|            |        |            |        |
|            |        |            |        |
|            |        |            |        |
|            |        |            |        |
|            |        |            |        |
|            |        |            |        |

### LIST ALL ALLERGIES

| Substance | Reactions |
|-----------|-----------|
|           |           |
|           |           |
|           |           |
|           |           |
|           |           |

Name \_\_\_\_\_ Check one: ☐ F ☐ M Age \_\_\_\_\_ DOB \_\_\_\_\_ Temperature \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

| FAMILY HISTORY   |          |          |                  |   |
|--|----------|----------|------------------|---|
| Have any of your family members been diagnosed with breast cancer? |          |          |                  |   |
| Family Member  | Maternal | Paternal | Age at Diagnosis |   |
|  |          |          |                  | <input type="checkbox"/> Unilateral <input type="checkbox"/> Both |
|  |          |          |                  | <input type="checkbox"/> Unilateral <input type="checkbox"/> Both |
|  |          |          |                  | <input type="checkbox"/> Unilateral <input type="checkbox"/> Both |
|  |          |          |                  | <input type="checkbox"/> Unilateral <input type="checkbox"/> Both |
|  |          |          |                  | <input type="checkbox"/> Unilateral <input type="checkbox"/> Both |

| LIST ANY OF YOUR FAMILY MEMBERS WHO HAVE BEEN DIAGNOSED WITH THESE ILLNESSES: |               |          |          |                  |
|---|---------------|----------|----------|------------------|
| Illness   | Family Member | Maternal | Paternal | Age at Diagnosis |
| Ovarian Cancer  |               |          |          |                  |
| Uterine Cancer  |               |          |          |                  |
| Endometrial Cancer  |               |          |          |                  |
| Colon Cancer  |               |          |          |                  |
| Prostate Cancer   |               |          |          |                  |
| Melanoma  |               |          |          |                  |
| Pancreatic Cancer   |               |          |          |                  |
| Heart Disease   |               |          |          |                  |
| Diabetes  |               |          |          |                  |
| Glioblastoma  |               |          |          |                  |
| Other   |               |          |          |                  |

**Have you undergone cancer genetic testing in the past?** ☐ Yes ☐ No

If yes, where and when was genetic testing performed? \_\_\_\_\_

Results? \_\_\_\_\_

**Have any of your family members undergone cancer genetic testing?** ☐ Yes ☐ No ☐ Unknown

If yes, where and when was genetic testing performed? \_\_\_\_\_

Results? \_\_\_\_\_

**Do you have any particular ethnic background that may influence your genetic risk?** ☐ Yes ☐ No

If yes, please specify: \_\_\_\_\_

Name \_\_\_\_\_ Check one: ☐ F ☐ M Age \_\_\_\_\_ DOB \_\_\_\_\_ Temperature \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Please check here and sign if all negative ☐ Patient Signature \_\_\_\_\_

| CHECK ANY OF THE FOLLOWING THAT APPLY TO YOU NOW OR IN THE PAST |     |                       |      |     |                         |      |     |  |
|---|-----|-----------------------|------|-----|-------------------------|------|-----|--|
| Past  | Now | General               | Past | Now | Cardiovascular          | Past | Now | Muscle/Joint/Bones<br>Pain/Weakness/Numbness in: |
|   |     | Chills                |      |     | Chest Pain              |      |     | Arms   |
|   |     | Dizziness             |      |     | Heart Murmur            |      |     | Back   |
|   |     | Fainting              |      |     | High Blood Pressure     |      |     | Feet   |
|   |     | Fatigue               |      |     | Irregular Heartbeat     |      |     | Hands  |
|   |     | Fever                 |      |     | Low Blood Pressure      |      |     | Hips   |
|   |     | Forgetfulness         |      |     | Palpitations            |      |     | Legs   |
|   |     | Loss of Sleep         |      |     | Poor Circulation        |      |     | Neck   |
|   |     | Sudden Weight Loss    |      |     | Rapid Heartbeat         |      |     | Shoulders  |
|   |     | Sweats                |      |     | Swelling of Ankles      | Past | Now | Skin   |
| Past  | Now | Eye                   |      |     | Varicose Veins          |      |     | Changes in Moles                                 |
|   |     | Blurred Vision        | Past | Now | Gastrointestinal        |      |     | Hives  |
|   |     | Crossed Eyes          |      |     | Bloating                |      |     | Itching  |
|   |     | Double Vision         |      |     | Bowel Changes           |      |     | Rash   |
|   |     | Vision Flashes        |      |     | Constipation            |      |     | Scars  |
|   |     | Vision Halos          |      |     | Diarrhea                |      |     | Sores that won't heal                            |
| Past  | Now | ENT/Mouth             |      |     | Excessive Hunger        | Past | Now | Hematologic                                      |
|   |     | Bleeding Gums         |      |     | Gas                     |      |     | Bruise Easily                                    |
|   |     | Difficulty Swallowing |      |     | Hemorrhoids             | Past | Now | Endocrine  |
|   |     | Ear Discharge         |      |     | Indigestion             |      |     | Diabetes   |
|   |     | Earache               |      |     | Nausea                  |      |     | Excessive Thirst                                 |
|   |     | Hay Fever             |      |     | Poor Appetite           |      |     | Thyroid Problems                                 |
|   |     | Hoarseness            |      |     | Rectal Bleeding         | Past | Now | Psychiatric                                      |
|   |     | Loss of Hearing       |      |     | Stomach Bleeding        |      |     | Anxiety  |
|   |     | Nosebleeds            |      |     | Vomiting                |      |     | Depression                                       |
|   |     | Ringings in Ears      |      |     | Vomiting Blood          |      |     | Nervousness                                      |
|   |     | Sinus Problems        | Past | Now | Genitourinary           | Past | Now | Neurologic                                       |
|   |     | Sore Throat           |      |     | Blood in Urine          |      |     | Headache   |
| Past  | Now | Respiratory           |      |     | Frequent Urination      |      |     | Numbness   |
|   |     | Coughing up Blood     |      |     | Lack of Bladder Control |      |     | Stroke   |
|   |     | Persistent Cough      |      |     | Painful Urination       |      |     |  |
|   |     | Shortness of Breath   |      |     |                         |      |     |  |
|   |     | Wheezing              |      |     |                         |      |     |  |