



OKLAHOMA CANCER SPECIALISTS AND RESEARCH INSTITUTE

PET/CT PATIENT INSTRUCTIONS

NON DIABETIC PATIENTS:

- Black coffee or WATER only 8 hours before appointment time.
- No feeding tube or intravenous feedings for 8 hours prior to the exam.
- No gum, candy, mints, cough drops, diet soda, coffee creamer, artificial sweeteners, etc. the day of scan.
- Medications are ok except for Lasix and/or steroids.
- No strenuous activity 24 hours before exam.
- Wear warm clothing w/ little to no metal. Please leave jewelry at home.
- Please be prepared for IV access.
- Total appointment time will be 1.5-2 hours. Please plan for some wait time.

DIABETIC PATIENTS:

- Day of scan, take diabetic meds (pills and/or insulin) 6 hours before scan with a high protein meal.
- No feeding tube or intravenous feedings for 8 hours prior to the exam.
- Water/black coffee only 6 hours before scan.
- No gum, candy, mints, cough drops, diet soda, coffee creamer, artificial sweeteners, etc. the day of scan.
- Medications are ok except for Lasix and/or steroids.
- No strenuous activity 24 hours before exam
- If blood glucose is above 180 the day of the scan, please call 918-505-3201 ext 4107 or 4108
- Wear warm clothing w/ little to no metal. Please leave jewelry at home.
- Please be prepared for IV access.
- Total appointment time will be 1.5-2 hours. Please plan for some wait time.

PET BONE SCANS:

There is NO PREP. You may receive a reminder call that you should fast, but please **ignore this reminder and defer to this sheet**. Please be prepared for IV access. Total appointment time will be 1.5-2 hours. Please plan for some wait time.

POST PROCEDURE INSTRUCTIONS:

- Resume normal activities and diet
- Please drink plenty of fluids
- There is a minimal amount of radiation left after the scan so please avoid close contact with children and pregnant individuals for 6–8 hours.

PLEASE INFORM STAFF IF YOU ARE CURRENTLY RECEIVING NEULASTA BY THE ON BODY AUTO-INJECTOR.



NUCLEAR MEDICINE PATIENT INSTRUCTIONS

Bone Scan: Please be well hydrated, drink plenty of water. Food, beverages and medications are ok to take before appointment. **Total appointment time is approximately 3 hours, please plan for some wait time. Please be prepared for IV access.**

MUGA: No caffeine for 4 hours prior to scan (this includes decaffeinated coffee). Food, non-caffeinated beverages, and medications are OK to take before appointment. **Total appointment time is approximately 1 hour, please plan for some wait time. Please be prepared for IV access.**

Parathyroid: No calcium meds, thyroid meds, IV/Oral contrast one week prior to scan. Food, beverages, and medications besides those listed above are OK the day of study. **Total appointment time is 3.5 hours, please plan for some wait time.**

Liver: None. **Please be prepared for IV access.**

Renal: Hydrate before procedure. Food, beverages, and medications are OK to take the day of appointment, except for Lasix and Blood Pressure medications. **Please be prepared for IV access.**

DUE TO DETAILED INSTRUCTIONS, FOR THE FOLLOWING SCANS FOLLOW-UP CALLS FOR PATIENT PREP WILL BE DONE:

Gallium, MIBG, Thyroid WB, Thyroid Uptake and scan, Octreoscan

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CT/MRI/ULTRASOUND PATIENT INSTRUCTIONS

MRI: No food limitations Wear comfortable clothes, without metal buttons/snaps/ zippers if possible. Leave jewelry at home Please bring information on anything implanted in your body, such as Implant ID card given to you by a physician, so we can identify the implant as MRI safe.

Please complete MRI questionnaire and bring with you to your appointment. This form is also available on our website.

Please plan one hour per exam ordered. If claustrophobic, please inform physician. If exam ordered with IV contrast, please be prepared for IV access.

CT: Liquids only 4hours prior to exam (No carbonated beverages). If exam requires oral contrast (scans including abdomen and/or pelvis), **please be prepared for some wait time** as oral contrast will be given at time of arrival. **If exam is ordered with IV contrast, please be prepared for IV access.**

Ultrasound: Abdominal ultrasounds require nothing to eat or drink 4 hours prior scan.

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INTERVENTIONAL RADIOLOGY PATIENT INSTRUCTIONS

PORTS/AUGMENTATIONS/G TUBE PLACEMENTS/ PLEUREX PLACEMENTS/BIOPSIES:

- Nothing to eat or drink after midnight.
- Driver (**must** stay at OCSRI during procedure)
- Please take any scheduled pain meds with sip of water only.
- Off blood thinners
- Please be prepared for IV access.
- Total appointment time will be 1.5-2 hours. Please plan for some wait time.

PARACENTESIS/THORACENTESIS/PICC PLACEMENTS/ G TUBE REMOVALS:

- No pre-op instructions
- Total appointment time will be 1.5-2 hours. Please plan for some wait time.

PORT REMOVALS AND PLEUREX REMOVALS

- Sedation optional not required. If sedation is requested, then a driver is required and nothing to eat or drink after midnight.
- Off blood thinners
- Procedure times vary anywhere from 45 minutes to 2 hours. More specific time frames can be given when contacted by scheduler.

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